

1 CROUCHED FRIARS

LOCATION: MALDON ROAD/LEXDEN ROAD SOUTHWAY SUBWAY

Around 1250 a small friary and hospital of the Crouched Friars was established in Colchester. The friars worked in the community, helping people and preaching the gospel. Their unusual name refers to the cross-headed staff, known as a crutch, which they carried.

SEE There are many colours of mosaic tiles around the friar - what colours are they?

What do you think the white flag shapes are?

What is the friar standing in?

FIND

There is nothing left of Crouched Friars to see, but archaeologists think it was probably located around 38-40 Crouch Street (where the name has lived on). Find the numbers on the buildings to work out where it might once have stood. There is a well known shop quite near it.

WITH ACTIVITY PACK OR OWN MATERIALS

Write down what is on the site now, and what is next door.

Use a gold sticker to mark your visit to the Crouched Friars on the map.

Following the marked trail will take you to the murals and See, Find and Do locations.



2 WILLIAM GILBERD

LOCATION: BUTT RD SOUTHWAY SUBWAY

William Gilbert was born in Colchester in 1544. He became Elizabeth I's doctor, and also conducted experiments in magnetism and static electricity. His book 'De Magnete' is still in print today.

SEE What objects does William Gilbert have in front of him? What colours are the mosaics?

Follow the map to where William Gilbert used to live, in Trinity Street at 'Tymerleys'. There is also a memorial to Gilbert inside Holy Trinity Church.

FIND Find a sign above the gateway to William Gilbert's House in Trinity Street - what does it tell you?

His house used to be much bigger. Can you find out what the buildings are used for now?

What does it say on his neighbour's house at No. 6?

Who lived there and what do you think his job was?

WITH ACTIVITY PACK OR OWN MATERIALS

Once outside William Gilbert's house, blow up the balloon and rub it on your hair to create static - what happens to your hair? When you rub two different materials against each other, they become electrically charged. Electrons can then move from one substance to another. If you rub a balloon on your sweater, or on your hair, it will then stick to something because of static electricity.

ROMAN NUMERALS I II III IV V VI VII VIII IX X L C D M
1 2 3 4 5 6 7 8 9 10 50 100 500 1000

E.G. 2017 is written MMXVII
1999 is written MCMXCIX

3 COLONIA CENTURION

LOCATION: ABBEYGATE STREET SOUTHWAY SUBWAY

Marcus Favonius Facilis was a Roman soldier, a centurion in the Twentieth Legion. He is thought to have served during the conquest of Britain under Claudius in AD 43. Marcus died in Colchester and his grave was marked by a fine tombstone.

SEE What is Marcus wearing and holding? What colour are the mosaics? What is behind him?

FIND Follow the route to Lion Walk and Culver Street West on the map. Sit on a bench. A Roman soldier might well have rested here. (The Roman soldiers' barracks were once located near here). See if you can find Marcus etched in a paving stone near Lion Walk church

DO Walk to Balmerne Gate and walk through the arches. It would once have been guarded by a Roman soldier.

WITH ACTIVITY PACK OR OWN MATERIALS

Can you write down your date of birth using the Roman numerals provided?

On the etched paving stone, place your paper over Marcus' head, and do a rubbing with a crayon.

Use a gold sticker to mark your visit to Colonia Centurion on the map.

4 EUDO

LOCATION: ST BOTOLPHS ROUNDABOUT MERSEA ROAD EXIT SUBWAY

Eudo Dapifer was a Norman Baron. He completed the building of Colchester Castle in 1101 on top of the remains of the Roman Temple of Claudius. Eudo also founded a leper hospital and St John's Abbey. All three buildings were constructed from recycled Roman building materials.

SEE How is Eudo dressed? What do you think he was dressed like this for? What colour are the mosaics?

DO Walk to St John's Abbey Gatehouse (the remains of the Abbey).

How many different types of stone can you spot on the building? What do think is missing from the niches?

Can you find pieces which look like they might be from other buildings built into the inside of the building's walls?

SEE Look for the zigzag arrow shapes.

FIND

EXTRA LOOKING

The tombstone of Marcus Favonius Facilis is in the Colchester Castle Museum.

Find where the Roman circus was sited outside Roman circus house.

FIND



COLCHESTER CASTLE

DUTCH QUARTER



TOWN HALL



BALKERNE GATES

CULVER ST

TRINITY CHURCH

LION WALK

FIRSTSITE

PRIORY ST

QUEEN ST



ST BOTOLPHS

ABBAY GATE



ROMAN CIRCUS

EXTRA LOOKING

See if you can spot William Gilbert on the Town Hall.

Use the compass - Hold the compass and turn it until it points to magnetic North (N). Put it on the map, line it up with north marked on the map. What direction is the Town Hall? What direction are other places marked on the map? Use it for your other visits on the trail.

Use a gold sticker to mark your visit to William Gilbert on the map.

EXTRA LOOKING

Find the interpretation board on the green which will tell you more about the Abbey.

Can you find the statue of Eudo on the Town Hall?

Go and see one of his other building projects - The Castle.



SEE | FIND | DO



SUGGESTED FOR FAMILIES WITH CHILDREN AGED 4-12 YEARS
EXPLORE THEIR MURALS
FAMILY ACTIVITIES TO

TRAIL

THE HENRY AND JOYCE



COLCHESTER
SOUTHWAY MURALS
RESTORATION

The restoration project to reinvigorate and celebrate the significance of the concrete and mosaic murals, made in 1972-3 by local artists, husband and wife team Henry Collins and Joyce Pallot, is a Colchester Civic Society and Colchester in Bloom initiative. The project has been made possible with the support of the National Lottery through the Heritage Lottery Fund with additional funding from the Hervey Benham Trust and Essex Heritage Trust and individual donations. Thanks to Colchester Arts Centre and Firstsite Gallery for their support for this reception and the workshop programme.

For further information please visit: www.henryandjoycecollins.co.uk

The Henry and Joyce Trail is designed by artist Sarah Sabin www.sarahsabin.co.uk

Sarah lives and works in Colchester. She has been an artist and educator for over twenty years. Sarah creatively interprets and reimagines places and their histories in her art work, through making, public participation and site specific projects in the public realm.

Graphic design by Lee Thomas www.gallerydesign.co.uk



ROUNDELS

YOU WILL FIND
THESE IN ALL THE
SUBWAYS MARKED
AROUND THE
TOWN.

OYSTER BOAT

The roundel shows a boat on the river with an oyster beneath it. The oyster was widely eaten in Roman times. Oysters are still fished in the estuary of the river Colne, and there is a regular oyster feast in Colchester every year.

SEE

Look at the water under the boat. What do you think the artists might have used for the raised ripples in the water when they made the mould?

FIND

Can you find any other examples of decoration in the stonework or plaster above the buildings in Colchester as you walk around?

EXTRA LOOKING DO

Walk to Lower Castle Park to see the River Colne.

THE 3 SHIELDS

These commemorate the UK joining the European Economic Community, (now the European Union) in 1973, and celebrate the twinning of Colchester with Wetzlar, Germany, in 1969, and Avignon, France, in 1972.

SEE

What creature does the German shield have on it? What is on the Colchester shield? What is on the French shield?

FIND

Can you find out which other European town Colchester is twinned with? What towns in other countries do you think Colchester should twin with?

DO

If you had to make your own coat of arms on a shield for your family or friends, what else would you put on it?

WITH ACTIVITY PACK OR OWN MATERIALS

DO

Use the paper and pencils or crayons to draw your own coat of arms for a family or friend's shield.

ROMAN COIN

This is the Roman emperor, Claudius, who arrived in Colchester in AD 43. Claudius personally led the invasion of Britain. Included in his army were elephants, the first anyone would have seen in this country. A Temple was dedicated to Claudius at the place where Colchester Castle is now.

SEE

Can you read what is written around Claudius' head on the coin? Can you work out the numbers from the Roman numerals provided?

DO

He is in profile, and looks rather fierce. Do your own 'coin face' pose and take a photo. If it is sunny you might be able to do this with your shadow on a wall.

EXTRA LOOKING

You can see the gate that leads down to the foundations of the Temple of Claudius inside Colchester Castle.

CUNOBELIN COIN

The Iron Age settlement of the Trinovantes tribe was called Camulodunum, 'the fortress of the war god'. Its king was Cunobelin, who ruled from around AD 10 - 40. This coin was minted here.

The ear of corn on the coin represents the importance of agriculture in Iron Age Britain.

SEE

DO

What do you think might have been on the back of the coin?

Look on a modern coin (50p coins are usually good) - what is on the back? Can you find commemorative ones?

FIND

In the underpass, find the 'sun' tiles.

EXTRA LOOKING

See if you can find all of these coins placed around the town.

SEE

Go and see if you can find wheat/corn on one of the other murals at the top of Queen Street.

WITH ACTIVITY PACK OR OWN MATERIALS

DO

In the underpass, place the paper provided over the sun tile and gently rub with the side of the crayon. What could you add to the middle of the sun to make your own coin design? Add some other rubbings from around the town or your home. When you get home, use all the rubbings to stick on a circle of paper or a paper plate to make your own coin design.

DO

Use a gold sticker to mark the coin murals you have seen on the map.

5 SAINSBURY'S WALL PANELS

LOCATION: PRIORY WALK

This was the artists' first mural, which they made in concrete in 1969. It was for Sainsbury's new store in Priory Walk, Colchester. This is still part of the store front today.

SEE

This mural is very different from the others in the town, with lots of patterns, shapes and textures. Can you spot anything in the mural you have seen in the other murals? What do you think the building with columns might be?

FIND

Five different types of patterns and shapes used in the mural.

DO

Can you describe them?

EXTRA LOOKING

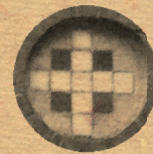
DO

There is a god with a winged helmet above the building with columns on the mural. Walk to Balmerne Gate and find the theatre. If you look up above the theatre you will see a similar figure on top. What do you think his name is?

WITH ACTIVITY PACK OR OWN MATERIALS

DO

Use a gold sticker to mark the Sainsbury's mural on the map. Draw the patterns you have found on your paper.



6 BHS PANELS

These three panels were originally made for the BHS store in Colchester, which was on in Lion Walk precinct. The basket of shopping was used in all the artists' BHS murals in the UK.

SEE

One panel has objects to do with Colchester's historical weaving trade. One panel has a basket of shopping. One panel shows agriculture (farming). What colours of blue are used on the mosaic?

DO

Can you spot the 5 items of clothing? What objects can you name on the panel which were part of the clothmaker's equipment? Which one has gold on it? What items can you spot inside the basket and around it?

FIND

There are tools and equipment, old and new. Can you find out what they are called and what they were used for? What is the object in the top left corner of the panel?



THE COLCHESTER SOUTHWAY SUBWAY MURALS

The husband and wife team of artists Henry Collins (1910-1994) and Joyce Pallot (1912-2003) lived and worked in Colchester. They used special techniques to work with concrete and mosaic. They also made wall decorations called murals in public spaces across the UK.

The murals in the subways were made in 1972-3 for what the artists called the 'Colchester Tunnels'. They also made murals for two well known stores in Colchester.



Henry and Joyce Collins, Sainsbury's 1969. Photo: Keith Mirams

INSTRUCTIONS

This map and trail around the murals, is full of things for you to See, Find and Do. You can do it all in one go, or follow part of it and come back later. You can choose which direction to go, and what to see. The whole trail is marked on the map. There are footpaths and pedestrian crossings.

IF YOU DON'T HAVE THE ACTIVITY PACK YOU MIGHT NEED

- Phone / camera
- Compass or compass app
- Wax crayon
- Pencil
- A4/A5 pad of white paper
- Balloon